



# Ruhkala a Leadership Academy

February 11, 2018

*Inspired to Learn. Committed to Lead*

Ruhkala Website: <http://rues.rocklinusd.org/>

Follow us on Twitter: [@RuhkalaLeaders](https://twitter.com/RuhkalaLeaders)



## Ruhkala's Husky Shuffle Update/Parent Handbook

As part of the [Ruhkala Strategic Plan](#) our staff committed to the following, "All students will demonstrate growth toward their personal academic goals on an annual basis through access to an innovative academic program which includes core instruction, intervention, and enrichment." In order to do this we have created a designated time during each school day to either extend or reinforce learning for our students in grades three through five.

We are excited to announce that our Husky Shuffle will slowly roll out for our Kinder through second grade students starting the week after break. The first step of this process will be to open our Learning Lab as a place to extend learning through STEAM (science, technology, engineering, art, and mathematics) lessons.

Please see the following [HANDBOOK](#) to read even more.

### Kindergarten Registration

Enrollment for kindergarten is open and in full swing. NOW is the time to register your child for kindergarten at Ruhkala. You can begin the registration process by clicking [HERE](#). Please note that the time and date stamp of your enrollment submission occurs when all documents are brought to the school office not at the time of online submission. If you have completed the online portion but have not submitted your documents please do so at your earliest convenience. We are here to help - just ask.



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## PTC Update

<http://www.ruhkalaptsc.com>

Our Valentine Family Dance was SO much fun! Thank you to the Ruhkala parent Lindy Farone for putting together a memorable night for our families!

Buy your silent auction tickets THIS WEEK! Amazing auction items are still coming in and we wouldn't want you to miss out on a fun night! Check your take home folders for an order form (or in the office) and return to the office before the break! Preview some of the auction items in the window of the Learning Commons by the library!

PONY FAMILIES! We understand that it is opening ceremonies on the same nights as the Auction and we want you to join us after! Come as you are right from the ball field and join us for \$20 each. (Dinner will not be included.)

Congratulations to Lauren Napoli for winning the VIP parking spot just for attending our monthly PTC meeting! It was a great turn out this month and we appreciate all of the input! We are better together!

# Go Huskies!



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## Monday

Early Engineers 1:30-2:30 in Room 12

Early Out Monday (Kinder dismissed at 1:10/1st-6th dismissed at 1:20)

## Tuesday

VAPA Ms. Storey

Choir Practice (3:30-4:30/Room L)

## Wednesday

VAPA Ms. Handley/Ms. Van Der Kamp

Ukuleles (3:30-4:30/Room L)

## Thursday

VAPA Ms. Jensen/Ms. Brown

Running Club Multipurpose Room 2:30 to 3:30

Third Grade Performance Going Buggy 6:00

## Friday

Leadership Assembly (7:45-8:00/Multi)

VAPA Ms. Kelley/Mr. Garza

# **RUHKALA ROUND-UP**

## **SILENT AUCTION**

**BUY YOUR  
TICKETS  
BEFORE  
FEBRUARY 16<sup>TH</sup>  
AND RECEIVE 2  
FREE DRINK  
TICKETS!**

**FRIDAY, MARCH 2<sup>ND</sup>**

**6-10PM**

**PONY PARENTS! JOIN US  
AFTER OPENING CEREMONIES  
FOR \$20 EACH!  
COME AS YOU ARE RIGHT  
FROM THE BALL FIELD!**

**Ⓐ THE BLUE GOOSE IN LOOMIS**

**DELICIOUS DINNER CATERED BY**

**RANDY PETERS**

**ENJOY AN ADULTS ONLY NIGHT OUT AND BID ON  
CLASSROOM PROJECTS/BASKETS AND OTHER AMAZING ITEMS  
FROM OUR SILENT AND LIVE AUCTION!**

**TICKETS ARE \$35 PER PERSON OR  
SPONSOR A TABLE OF 10 AND SHOWCASE  
YOUR BUSINESS ON YOUR RESERVED TABLE FOR \$450**

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Teacher: \_\_\_\_\_

Email: \_\_\_\_\_

Number of Tickets/Table Sponsorship: \_\_\_\_\_

Total paid: \_\_\_\_\_

Checks can be made payable to Ruhkala PTC. Email questions to [ruhkalaptc@gmail.com](mailto:ruhkalaptc@gmail.com)



STEP RIGHT UP

Save the Date

Spring Carnival!

April 13, 2018

5 - 8pm

**RUHKALA A LEADERSHIP ACADEMY**

**6530 TURNSTONE WAY**

**ROCKLIN, CA 95765**

**(916) 632-6560**

**RUES@ROCKLINUSD.ORG**

**@RUHKALALEADERS**



## **Our Aspiration 2016-2019**

The mission of Ruhkala Elementary, a community of inspired leaders, is to ignite the passion in each individual student for learning and leading through engaging innovative opportunities, challenging educational experiences, and cohesive partnerships with families.

### **Objectives: Measures of Success**

- A. All students will demonstrate growth toward their personal academic goals on an annual basis through access to an innovative academic program which includes core instruction, intervention, and enrichment.**
- B. Each school year, all students will participate in research based projects utilizing technology.**
- C. All students will be self-reflective to become better problem solvers and critical thinkers.**
- D. All students will continuously increase understanding and application of leadership roles and responsibilities.**
- E. Ruhkala students will continue to benefit from progress towards increased engagement in school culture. This includes opportunities for extracurricular enrichment.**



## **Strategies and Actions**

### **1. *We will provide innovative and engaging academic learning experiences for all students to be prepared for the 21st century.***

- 1.1. Support student academic growth through authentic, differentiated, and guided inquiry-based learning experiences
- 1.2. Establish a system that provides engaging and stimulating learning experiences, with the incorporation of technology, to identify as a STEAM school
- 1.3. Provide students a culturally relevant enrichment program for development of global competence through self-expression, reflection, creativity, and intellectual growth by partnering with our parent and community population

### **2. *We will develop leadership skills, self-reflection, and personal accountability.***

- 2.1. Incorporate more leadership involvement in the Ruhkala community to help ALL students choose to be leaders in a nurturing environment that provides them the necessary authentic learning and leadership opportunities, while identifying and cultivating their special gifts and talents
- 2.2. Showcase student and staff interests to promote different leadership styles
- 2.3. Achieve personal accountability through the implementation of a school wide behavior program that teaches children appropriate behavior and behavior expectation
- 2.4. Teach emotional literacy, social competence, conflict resolution, and positive peer relations

### **3. *We will promote school pride through student, family, and community involvement.***

- 3.1. Create and implement a plan for rebranding Ruhkala Elementary School to ensure a sense of pride and community involvement
- 3.2. Establish a positive environment that will build pride and community involvement
- 3.3. Foster the relationship between school, family, and the community to establish a sense of belonging

# WE BELIEVE IN SUMMER CAMP FOR THE WHOLE KID

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Sign up at [getsomeedmo.org](https://getsomeedmo.org)



# SOMETHING PRETTY MAGICAL HAPPENS AT CAMP EDMO

Kids stretch their imaginations. They tackle new challenges. They discover their creative potential, the thrill of science and engineering, and the beauty of the natural world.

In the process, they unleash their native curiosity and tap into new reserves of courage. They also learn that the more they practice kindness — to themselves and others — the happier they feel.

This entire experience is the product of the EDMO Method we've been perfecting since 2004. Your kids will love it, and they'll learn from it.



## WE BELIEVE IN CREATING WELL-ROUNDED HUMANS

We know it in our hearts, and research confirms it — kids who are curious, courageous and kind are happiest. They evolve into the sort of passionate, balanced human beings who make the world a better place.

Our two founders created EDMO to nurture this kind of growth. Campers enjoy a lively blend of indoor and outdoor activities peppered with rallies, games, and lots of collaborative lab time. It's the perfect summer setting for kids to develop mind, body, heart, and spirit.



## WE BELIEVE IN STAFF WHO LEAD BY EXAMPLE

Like each camper, each of our staff members is on his or her own journey of self-realization. We shower them with care, training and support. We provide them a rock-solid framework for teaching. Then we give them latitude to lead. Kids' experience of camp is their experience of their Counselors and Instructors. Your kids are in good hands.

## WE BELIEVE IN GLORIOUS DIVERSITY

EDMO is structured as a non-profit, to give all kids access to the pleasures and rewards of summer camp. Diversity is an uplifting dimension of the EDMO experience. When kids from a range of economic backgrounds learn to relate to and have fun with each other, the impact is profound. Currently, 27 percent of our campers receive some level of financial assistance. We won't rest until we've grown that number to at least 50 percent.



## WE BELIEVE IN GIVING YOU ALL THE DETAILS

You can visit our web site to find a ton more camp info and sign up. To get you started, here are the essentials:

- Age-targeted programs for kids from Pre-K to 8th grade
- Curriculum developed by Edventure More in partnership with the California Academy of Sciences, the Children's Creativity Museum and PBS KIDS Design Squad Global
- 25+ Bay Area and Sacramento Area locations
- June–August 2018  
9am–3pm, Monday–Friday  
Optional Extended Day from 8am–6pm
- Leader-In-Training programs for 8th grade+
- Financial Aid available
- Voted Bay Area's "Best Summer Day Camp" by *Bay Area Parent Magazine*, 2009–2017

Go to [getsomeedmo.org](http://getsomeedmo.org) to enroll

- \$50 OFF camp total for First-Time Families
- Plus \$20/WEEK SAVINGS until 2/28! Use code FIRSTFEBR18

Camp EDMO is powered by Edventure More, a year-round 501 (c)(3) non-profit enrichment organization. 5% of summer camp proceeds and 100% of donations support camper scholarships and subsidize the cost of maker-related science, technology and nature programs in schools. First-Time Family Savings of \$50 for new families only, cannot be combined with any other First-Time or Referral Discounts and is subject to availability. Offer expires 6/30/18. EDVENTURE MORE is not affiliated, sponsored or endorsed by any private, charter, home, or public schools or school districts. 5% of Camp EDMO proceeds and 100% of our donations fund other enrichment and creative education programs. Make our world a better place for all kids. ©2018 EDMO



# YSciT™

Young Scientists in Training

## YSciT is launching a **brand new** STEM program in Rocklin



Students will gain Scientific Literacy by:

- Being exposed to the practical applications of Science
- Learning about the scientific method and its broader applications
- Engaging in scientific research and discussion


## Become a Young Scientist: Training available

YSciT™ offers a new opportunity for young minds to actively observe, explore, and understand science.



Availability in our weekly workshops and day camps is limited.  
Register ASAP to guarantee your spot.

Visit [www.yscit.org](http://www.yscit.org) or call (916) 410-3959 for locations and registration information.

*We make science fun* 

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# Mix+Fizz=Reaction Workshops

Chemical reactions are fundamental to life and can also be very entertaining.

Young Scientists in Training will explore (WEAK) acid base reactions, find out the acidity in different food sources, identify presence of macromolecules in food and generate electricity and heat through fun and instructional experiments.

**Session 1** - 2:30pm – 4pm February 12th – March 12th - Parks and Recreation Office Senior Meeting Room.

**Session 2** - 4:15pm – 5:45pm February 12th – March 12th - Parks and Recreation Office Senior Meeting Room.

**Session 3** - 3:30pm – 5:30pm February 6th – March 6th - Rocklin Event Center Room 107

**Cost: \$115.00** (\$20 materials fee Included)

Courses offered at facilities provided by the Rocklin Parks and Recreation Department.

Links: [www.rocklin.ca.us/post/yscit](http://www.rocklin.ca.us/post/yscit)

For location and dates: [www.yscit.org/registration](http://www.yscit.org/registration)



# YSciT™

Young Scientists  
in Training

Expanded STEM workshops  
and day camps

[www.YSciT.org](http://www.YSciT.org)

(916) 410-3959

YSciT - Young Scientists in Training does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.

## FREE PARENTING CLASSES

### Building Hope

Building Hope is a parent-to-parent education program for parents, family members and caregivers who are raising a child with mental health and/or behavioral challenges. The purpose of the course is to provide education of children's mental health, treatment options, accessing mental health treatment and local resources available to help address child's mental health and/or behavioral needs.

Jan 29-May 7 | Mon 6:30-8:30pm

### Co-Parenting

Co-Parenting is a 3-week class for separated/divorced, blended and foster/adopt families. Class material covers: understanding the hidden losses of the child, the role of the parent in co-parenting, and boundaries in communication. Come learn how to support the transient child (the child currently or having had lived in multiple homes)!

Jan 29-Feb 12 | Mon 6:30-8:30pm

### Parenting the Love & Logic Way

Parenting the Love & Logic Way is a 6-week class for parents, caregivers and educators on child discipline and responsibility that helps parents raise self-confident, motivated children who are ready for the real world. The class covers loving, yet powerful tools for parenting children of all ages. Come learn discipline strategies that actually work!

Jan 29-Mar 12 | Mondays 6:30-8:30pm

Jan 30-Mar 13 | Tuesdays 6:30-8:30pm

Jan 31-Mar 14 | Wednesdays 9:30-11:30am

### Coping with Anxiety & Stress for teens

Coping with Anxiety and Stress for Teens is a class designed to normalize teen's anxious feelings while also providing them with the knowledge and tools to recognize unhealthy levels of stress. This 3-week class offers teens (6-12th grade) interactive coping skills to help them reduce their anxiety levels at home and at school.

Jan 31-Feb 14 | Wed 3:30-4:30pm

### Anger Management for adults and kids

We offer 3 week anger management classes. We offer one for kids (K-5th), it teaches children how to identify their feelings and learn healthy ways to express them in a fun and playful way! We also offer one for adults, it teaches them how to deal with stressors and tense situations in a positive, constructive manner.

Feb 28-Mar 14 | Wed 3:30-4:30pm (kids)

Mar 1-Mar 15 | Thur 6:30-8:30pm (adults)

*Childcare provided for those who request it 24 hours in advance.*

**FOR MORE INFORMATION AND TO REGISTER: [DESTINYCOMMUNITY.ORG/FAMILY](https://destinycommunity.org/family)  
916-780-1873 | 6850 FIVE STAR BLVD, SUITE 3 | ROCKLIN, CA 95677**

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## HOMESCHOOL ASSISTANCE

FREE Homework Assistance for kids in grades 1st-12th. Limited space available. Pre-registration required. Students may sign up for a maximum of 2 blocks per day (1 hour total per day). Students should bring homework and a pencil.

Jan 22 - May 3 | 3:30pm-6:00pm Mondays, Tuesdays & Thursdays

## FINANCIAL PEACE

Your money made simple. Learn to control your money and prepare for the future with Dave Ramsey's Financial Peace course. This 9-week series is offered in 3 sections on Thursdays 6:30pm - 8:30pm.

**Lessons 1-3 | Budgeting Basics | March 1-15**  
Super Saving, Relating with Money, and Cash Flow Planning

**Lessons 4-6 | Debt Relief | March 22-April 12 \*No class Mar 29**  
Dumping Debt, Buyer Beware, and The Role of Insurance

**Lessons 7-9 | Investments/Retirement | April 19-May 3**  
Retirement and College Planning, Real Estate and Mortgages,  
and The Great Misunderstanding

## CAREER BUILDING

This 3-week workshop covers writing a winning resume, networking effectively and making a lasting impression in your interview.

Jan 30-Feb 13 | Tuesdays 6:30-7:30pm

April 10-24 | Tuesdays 6:30-7:30pm

## ESL - ENGLISH AS A SECOND LANGUAGE

Beginning ESL provides beginning English to adults not fluent in English. This class covers conversational English including basic vocabulary and use of common phrases.

Tuesdays 6:30pm - 8:30pm | Jan 30-Mar 13

*Childcare provided for those who request it 24 hours in advance.*

**FOR MORE INFO AND TO REGISTER: [DESTINYCOMMUNITY.ORG/EDUCATION](https://destinycommunity.org/education)  
916-780-1873 | 6850 FIVE STAR BLVD, SUITE 3 | ROCKLIN, CA 95677**

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